

Karen Gill

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Karen is a supportive, practical coach whose style is flexible and always tailored to individual needs. She has spent her entire career working with professional organisations and individuals at many different levels and understands thoroughly the context in which her clients operate. She aims to enable individuals to develop a strong sense of self and to identify their own talents, motivations and skills, while also helping them to establish goals and practical strategies to manage their careers proactively. She is skilled at creating space for clients to develop clarity in their thinking and decision making and in challenging limiting beliefs. She believes that this process renews self-confidence and provides effective tools to plan and enhance lives and careers.

Particular areas of coaching interest

- Identifying skills, strengths, values and motivations
- Career decision making and dilemmas; practical career management
- Managing career transition and job search strategy skills
- Developing effective leadership
- Making a success of new roles post career change or on promotion/lateral hire
- Business planning and start ups
- Reintegration after e.g. maternity leave/secondment

Business/organisational experience

- Co-founder and Managing Director of Graham Gill Consulting, leading legal
- Search and recruitment specialists
- Employment Solicitor with a large City law firm
- In-house lawyer with a major PLC
- Knowledge and experience of the voluntary and charity sectors
- Senior Coach in City coaching practice

Qualifications & Training

- Meyler Campbell Business Coaching Programme Graduate (Accredited by SRA)
- MBTI Step 1 and 11 accredited
- Member of the Association for Coaching; Licensed SIMA coach
- Worldwide Association of Business Coaches accredited
- BA (Hons.) Law. Qualified Solicitor (non-practising)